

# MENU - WEEK ONE

4th Sept, 25th Sept, 16th Oct, 13th Nov, 4th Dec, 1st Jan, 22nd Jan, 12th Feb

MONDAY

**MAIN MEALS:** Pork Sausages with Wedges and Gravy  
Vegetarian Sausages with Mashed Potatoes and Gravy  
**JACKET POTATO:** Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces  
**DELI BAR:** Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs

**GUEST DISH:** Posh Dog  
**VEG/SIDES:** Broccoli  
Carrots

TUESDAY

**MAIN MEALS:** Chicken Curry with Rice  
Oriental Noodle Stir Fry  
**JACKET POTATO:** Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces  
**DELI BAR:** Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs

**GUEST DISH:** Tugo Pizza  
**VEG/SIDES:** Sweetcorn  
Green Beans

WEDNESDAY

**MAIN MEALS:** Roast Chicken with Stuffing, New Potatoes and Gravy  
Veggie Slice with Roast Potatoes and Gravy  
**JACKET POTATO:** Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces  
**DELI BAR:** Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs

**GUEST DISH:** Filled Flatbread  
**VEG/SIDES:** Carrots  
Cabbage

THURSDAY

**MAIN MEALS:** Beef Bolognaise with Pasta  
Vegetable Biryani  
**JACKET POTATO:** Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces  
**DELI BAR:** Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs

**GUEST DISH:** Pasta Pots  
**VEG/SIDES:** Mixed Vegetables

FRIDAY

**MAIN MEALS:** Breaded Fish and Chips  
Cheesy Vegetable Wrap with Chips  
**JACKET POTATO:** Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces  
**DELI BAR:** Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs

**GUEST DISH:** Breaded Chicken Bap  
**VEG/SIDES:** Peas  
Baked Beans



A SELECTION OF COOLER DESSERT POTS, FRESH FRUIT COMPILATIONS  
AND ASSORTED TRAY BAKES AVAILABLE DAILY.  
ALLERGY INFORMATION AVAILABLE ON REQUEST.



Seafood with the mark comes from an MSC certified sustainable fishery: [www.msc.org](http://www.msc.org)  
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# MENU - WEEK TWO

11th Sept, 2nd Oct, 30th Oct, 20th Nov, 11th Dec, 8th Jan, 29th Jan

MONDAY	<b>MAIN MEALS:</b>	Veggie Sausage Roll with Parsley Potatoes and Gravy Cheesy Pasta	<b>GUEST DISH:</b>	Beef Burger with Tomato Relish
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Mixed Vegetables
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
TUESDAY	<b>MAIN MEALS:</b>	Breaded Chicken with Wedges Vegetable Omelette with Wedges	<b>GUEST DISH:</b>	Tugo Pizza
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Coleslaw Baked Beans
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
WEDNESDAY	<b>MAIN MEALS:</b>	Roast Pork with Stuffing, Mashed Potatoes and Gravy Cheese and Potato Pie	<b>GUEST DISH:</b>	Rice Pots
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Carrots Cauliflower
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
THURSDAY	<b>MAIN MEALS:</b>	Beef Lasagne with Crusty Bread Vegetable Hotpot with Crusty Bread	<b>GUEST DISH:</b>	Pasta Pots
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Sweetcorn Broccoli
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
FRIDAY	<b>MAIN MEALS:</b>	Breaded Fish and Chips Veggie Goujons with Chips	<b>GUEST DISH:</b>	Filled Wraps
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Peas Baked Beans
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		



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# MENU - WEEK THREE

18th Sept, 9th Oct, 6th Nov, 27th Nov, 18th Dec, 15th Jan, 5th Feb

<b>MONDAY</b>	<b>MAIN MEALS:</b>	Chicken in Sweet Chilli Sauce with Noodles Vegetable Lasagne with Crusty Bread	<b>GUEST DISH:</b>	Rice Pots
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Mixed Vegetables
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
<b>TUESDAY</b>	<b>MAIN MEALS:</b>	Minced Beef Pie with New Potatoes Cheesy Bean Slice	<b>GUEST DISH:</b>	Tugo Pizza
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Broccoli Cauliflower
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
<b>WEDNESDAY</b>	<b>MAIN MEALS:</b>	Roast Chicken with Roast Potatoes and Gravy Quiche with Roast Potatoes	<b>GUEST DISH:</b>	Pasta Pots
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Carrots Green Beans
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
<b>THURSDAY</b>	<b>MAIN MEALS:</b>	Pork Meatballs in Tomato Sauce with Pasta Vegetable Curry with Rice	<b>GUEST DISH:</b>	Chicken Tikka Flatbread
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Peas Cabbage
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		
<b>FRIDAY</b>	<b>MAIN MEALS:</b>	Breaded Salmon and Chips BBQ Veggie Sausages with Chips	<b>GUEST DISH:</b>	Breaded Chicken with Wedges
	<b>JACKET POTATO:</b>	Various toppings including: Baked Beans, Tuna Crunch, Coleslaw, Cheese and Homemade Sauces	<b>VEG/SIDES:</b>	Sweetcorn Baked Beans
	<b>DELI BAR:</b>	Assorted Sandwiches, Baguettes and Rolls, Assorted Salad Shaker Pots, Flatbreads and Subs		



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