

# Positive Parenting Groups

**Stronger Families, Brighter Futures**

3 Week Course

## Fear-Less

For parents of children aged 6-14 with anxiety

Weds 9th Sept 2026 Virtual 6pm-8pm

Weds 7<sup>th</sup> Oct 2026 Greencroft Children's Centre 10am-12pm

Weds 2nd Dec 2026 Greencroft Children's Centre 10am-12pm



## Standard

For parents of children aged 2-10

Weds 9th Sept 2026 Greencroft Children's Centre 1pm-3pm

Tues 3<sup>rd</sup> Nov 2026 Greencroft Children's Centre 10am-12pm

5 Week Course

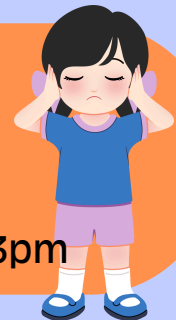
5 Week Course

## Stepping Stones

For parents of children with additional needs

Weds 9th Sept 2026 Virtual 6pm-8pm

Weds 4<sup>th</sup> Nov 2026 Greencroft Children's Centre 1pm - 3pm



## Teen

For parents of children aged 10-14

Thurs 10th Sept 2026 Greencroft Children's Centre 10am-12pm

Tues 10<sup>th</sup> Nov 2026 Virtual 6pm-8pm

5 Week Course

All sessions must be attended

If you'd like to attend please call, email or complete the referral form on the Council website (Search Triple P)

Families First Parenting Team 01432 260276

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★ **TOGETHER WE CAN** ★  
**BUILD CONFIDENCE, RESILIENCE**  
**AND STRONGER FAMILIES!** ★