Herefordshire Council

Online Safety

Internet matters https://www.internetmatters.org/advice/

Whatever their age, we can help you to find out more about what they might be doing online and give you practical advice on the steps you can take as a parent to keep them safe in their digital world.

Guides and resources include- danger of digital piracy, digital resilience toolkit, social media guide, guide to apps, online gaming advice, set up safe device checklist, online safety leaflets and resources

Online issues- fakes news, screen time, inappropriate content, cyberbullying, online reputation, online grooming, online pornography, sexting, self-harm, radicalization

NSPCC online safety   https://www.nspcc.org.uk/keeping-children-safe/online-safety/

Advice around- sexting and nudes, online games, taking to your child about online safety, live streaming and online videos, inappropriate or explicit content, online porn, internet connected devices, parental controls, net aware, tips for keeping kids safe online during lockdown

Safer Internet   **www.saferinternet.org.uk**

Tips, advice, guides and resources to help keep your child safe online

UK safer internet centre   https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider

Guides to set up controls through internet provider rather than through devices for BT, Sky, TalkTalk and Virgin Media.

ThinkUKnow www.thinkuknow.co.uk

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline

Childline
Childline- Remove a nude image shared online: It can be scary finding out a nude image or video of you has been shared online. But we can help. The Report Remove tool is for young people in the UK. **Website:** https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/remove-nude-image-shared-online/

Better Internet for Kids https://www.betterinternetforkids.eu/

The Better Internet for Kids portal provides information, guidance and resources on better internet issues from the joint Insafe-INHOPE network of Safer Internet Centres in Europe, and other key stakeholders.

Kidscape   https://www.kidscape.org.uk/advice/advice-for-parents-and-carers/cyberbullying-and-digital-safety/protecting-your-child-online/

Advice for parents around- cyberbullying and digital safety, protecting child online

Parents Protect - 0808 1000 900 (Stop it Now helpline for information & advice)
https://www.parentsprotect.co.uk/internet-safety.htm?utm_source=bing&utm_medium=ad&utm_campaign=pp-online-safety

So You Got Naked Online? A resource that offers children, young people and parent's advice and strategies to support the issues resulting from sexting incidents. Whilst there is a lot of advice around preventing these situations in the first place, it is very important to recognise that this does happen and those affected really need support and guidance. So you got naked online? Aims to do just that. SEND version also available. **Website:** https://swgfl.org.uk/resources/so-you-got-naked-online/

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Online Safety Apps

MM Guardian -Parental control app offer a free 14 day trial. See https://www.mmguardian.com for more details if concerned about phone activity.

Pingo App- A companion app to Find My Kids, our app for parents. Please only instal this on a device used by a child or a teenager.
- **Gps Locator**: See your childs location on the map and the history of the days activity.
- **Sound Around**: Listen to whats going on around your child to make sure they are okay.
- **Loud Signal**: Send a loud signal to your child phone if they have misplaces it or on silent mode.
- **Parents control**: Find out what apps they they used/
- **Notifications**: Make sure your child is on time for school, back home and other place you've created.
- **Battery control**: Remind your child to charhe the phone on time.
- **Family chat**: chat with your child in the chat room with fun stickers and send voicemails.

Net Nanny-offers 3 annual subscription options, ranging from $39.99 to $89. They also offer a free version that comes with fewer features.

Net Nanny Features:
- GPS enabled location tracking – see your kid's location in real-time, view past locations, view locations on Net Nanny's Family Overview Map.
- Internet monitoring – filter content in real-time, block websites, set alerts of activity
- Screen time monitoring – set device curfew, block internet entirely
- Alerts – set up custom alerts per device for online searches
- Family Feed – overview of kids' online activity at a glance, available any time
- Parent dashboard – user-friendly dashboard to control all settings

Kaspersky Safe Kids Premium Features:
- GPS enabled location tracking – see child's location in real-time
- Geofencing – set safe area parameters
- Battery Tracking – set notification alerts for when the child device battery is low
- Internet monitoring – set filters to block certain websites and content
- Screen time monitoring – set screen time schedules for the child device
- Social network monitoring – monitor kids Facebook activity
- Alerts – set up real-time alerts

Bark
- Its unique algorithms analyze words on your kid's device to detect threats before they occur, like cyberbullying, drug use, sexting or suicidal thoughts. Bark covers things like email monitoring, that are not covered by many of their competitors..
- Bark has a budget-friendly price model for unlimited child devices, unlimited apps, and unlimited activity for only $9 per month (or $99 per year) after the 7-day free trial

Qustodio
- The internet's best free parental control app Designed to supervise, manage, and protect your child's device use on the go!
- Download Qustodio on every kid's device, including smartphones, Chromebooks, tablets, and desktops. Use your own smartphone to supervise them.
- Block Inappropriate Content: Our smart filters block inappropriate content even in private browsing mode
- Balance Screen Time: Easily limit your child's screen time across all their devices.
- Control Games and Apps: Set time limits for games & apps or block apps you don't want from running altogether