**Supporting Families in Herefordshire**

**Is family life difficult to manage?**



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hfdscouncil

herefordshire.gov.uk

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Family relationships

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Challenging behaviours

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Housing and financial matters

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Emotional and mental health worries

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Keeping your child safe (on-line and in the community)

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Child well-being and development

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Any issue affecting you and your family

Call the

**Children’s Help and Advice Team**

(CHAT) free on

**01432 260261**

and speak with an experienced supporting families advisor

(

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open 9:00 am to 4:45 pm Monday to Friday

**Do you or your child need a listening ear or a helping hand? Are you finding it hard being a parent?**We can offer support, advice and guidance for families and young people on: